

# Healing through music

University  
course  
open to  
the public

Aula polivalente  
Sector A  
East Campus

17 October  
–05 December  
2022

18.00  
–19.30

The lessons will be held  
in Italian and English with  
simultaneous translation  
in both languages.

Lessons will be recorded  
and published online  
at the end of the course.



For info and  
full programme  
[www.usi.ch/en/feeds/23026](http://www.usi.ch/en/feeds/23026)

For seven Mondays from October to December, figures from the world of science and professors from the USI Faculty of Biomedical Sciences, led by Enzo Grossi, will discuss seven themes that link music to medicine and personal wellbeing.

This is the aim of “Healing through Music”, the second edition of the Culture and Health course promoted by the USI Faculty of Biomedical Sciences together with the City of Lugano’s Cultural Department and IBSA Foundation for scientific research, in partnership this year with the Conservatorio della Svizzera italiana.

## 17.10 The state of the art of Music in Medicine

Speaker: **Suzanne B. Hanser**, professor of Music Therapy, Berklee College of Music Boston (USA)  
Discussants: **Davide Robbiani**, director of the IRB and professor at USI and **Giuliano Bellorini**, lecturer at USI and the “G. Verdi” Conservatory, Milan (I)

## 24.10 Music medicine to counter pain, anxiety and stress

Speaker: **Enzo Grossi**, medical doctor, lecturer and researcher  
Testimonial: **Alfredo Raglio**, music therapist and researcher at the Maugeri IRCCS Clinical and Scientific Institutes, Pavia (I)  
Discussant: **Claudia Gamondi**, USI lecturer and head of the EOC Palliative Care and Support Clinic

## 07.11 Music education and psycho-cognitive development

Speaker: **Luisa Lopez**, doctor and neurophysiopathologist at the Villa Immacolata Care Home  
Testimonial: **Dawn Rose**, senior researcher, Hochschule Luzern  
Discussant: **Giacomo Simonetti**, USI professor, head of paediatrics at the Italian Swiss Paediatric Institute

## 14.11 Music therapy in child neuropsychiatric setting and psychiatry

Speaker: **Christian Gold**, professor at NORCE Bergen (NOR)  
Testimonial: **Antoni Rodriguez-Fornells**, researcher at CBPU and ICREA Barcelona (ES)  
Discussant: **Andrea Raballo**, USI professor in psychiatric medicine

## 21.11 Music as life companion for wellbeing throughout the lifespan

Speaker: **Liila Taruffi**, researcher at Durham University (UK)  
Testimonial: **Paolo Paolantonio**, musician and researcher at Conservatorio della Svizzera italiana  
Discussant: **Cristiana Sessa**, USI professor and head of the Gynaecological Cancer Department

## 28.11 Music therapy for dementia and neurological rehabilitation

Speaker: **Alfredo Raglio**, music therapist and researcher at the Maugeri IRCCS Clinical and Scientific Institutes Pavia (I)  
Testimonial: **Daniele Molteni**, freelance expert in music therapy  
Discussant: **Luca Gabutti**, USI professor and head of the EOC Department of Internal Medicine

## 05.12 Music and social cohesion

Speaker: **Steven Mithen**, archaeologist, University of Reading (UK)  
Testimonial: **Deborah Parker**, musician and music therapist, Prima Materia Association, Montespertoli (I)  
Discussant: **Peter Schulz**, USI professor, Faculty of Communication, Culture and Society

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