

### For researchers who identify as women

21.11.25	10.15 - 15.00	<u>Joint event with H.I.T. Alumnae</u> <b>Dealing with workplace conflict as a thought leader</b> Speaker: Alexandra Efthymiades, Director and Co-Founder of Consensio.	Where: Wildhainweg 3 3001 Bern
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### How can we address workplace conflict in higher education? And what will make us more confident to openly address conflicts in academic environments?

This workshop will combine the practical knowledge of a workplace conflict practitioner with research evidence to help us better understand and manage workplace conflict. The interactive sessions aim to foster a mindset shift and increase self-awareness, enabling us to view conflict as a normal and potentially constructive aspect of workplace relationships. Additionally, it will provide strategies to navigate some of the specific challenges present in academia.

#### Agenda

- 10.00 – Welcome coffee
- 10.15 – Introduction to the event
- 10.30 – Keynote by Alexandra Efthymiades
- 12.00 – Standing lunch and networking opportunity
- 13.00 – Interactive session from keynote to practice with Alexandra Efthymiades
- 14.30 – Opportunity to exchange further with the speaker and peers around coffee and cake

#### Why attend this event?

For the first time, this event brings together female professors and researchers from two Leadership Programmes: the H.I.T. Program ([H.I.T. Program | UZH](#)) and the SNSF Leadership Programme ([Equality, diversity and inclusion in research funding](#)). The event offers valuable insights into how to address workplace conflict in academic environments. In addition, it is a great opportunity to meet up again with or to get to know other female professors and researchers from various disciplines across Switzerland.

#### Speaker



Alexandra Efthymiades, Director and Co-Founder of Consensio, M.A., M.Sc.

Alexandra has nearly 20 years of experience in the field of organisational conflict management and mediation. She holds two Master's degrees, including an M.A. in Organisational Psychology from Columbia University in New York. In 2007, she co-founded Consensio, a leading conflict management and mediation provider, based in London, UK.

At Consensio, Alex and her colleagues are passionate about supporting organisations to resolve workplace conflict informally and through dialogue. Consensio provides training, conflict coaching and mediation services throughout the UK and internationally.

Alex is an accredited workplace mediator, accredited mediation supervisor, and conflict coach. She is regularly interviewed for and often writes articles for leading HR publications, such as HR Director, People Management and HR Magazine.

Please register for this event [here](#) (until 31.10.2025)