



It's time to wake up!

We would like to welcome you to the very first Swiss Medical Students' Convention in Lugano. Together with 250 medical students from all over Switzerland, we want to enjoy interesting presentations and practical workshops and discuss different aspects of consciousness. We are looking forward to a weekend full of action, knowledge, new friendships, and partying!

During this weekend we want to raise awareness for medical and "non-medical" topics. But these categories are only separable at first sight: The so called "non-medical" topics are for sure very important, not only for us personally, but also for us as future doctors.

But what is "consciousness" all about? It is defined as "the state of being aware of and responsive to one's surroundings" or "a person's awareness or perception of something". But due to its different use with various meanings, to define it is difficult. If you've watched our video, you can see that even among our organising committee, the understanding of consciousness and awareness is very diverse. In case you haven't seen it yet, check it out on our youtube channel!

What makes this SMSC special for us, is the great opportunity to show you Ticino has a great place to study Medicine. It makes us really proud to be part of the first medical students here in Lugano. Come and find out that the "Sonnenstube" of Switzerland has much more to offer than pizza, pasta and gelati! (Although this is already quite something) 😊

We'd like to point out that swimsa has accepted Italian as an official language. This is a very important step in the integration of our faculty but also the Italian-speaking students in Switzerland. *Grazie mille!*

We're looking forward to an unforgettable weekend with you!

Your SMSC Lugano 2022 Organising Committee



P.S. Keep up to date and follow @swimsa.ch on Instagram and Facebook or check out our homepage:

www.swimsa.ch

PROGRAM

Friday – 8th April

- 18:00 arrival and check-in with “aperitivo” and social program
23:00 guided transfer to sleep accommodations

Saturday – 9th April

- 08:00 check-in & breakfast
09:00 welcome speech
09:45 presentation 1: Exploring bodily self consciousness
11:15 swimsa and project presentation
11:30 presentation 2: Consciousness on climate change

12.15 lunch

14:00 swimsa and project presentation
14:15 presentation 3: The pharmacology of consciousness
16:00 workshop 1
17:15 project fair & “The Machine to Be Another”

19:30 dinner
22:15 party

Sunday – 10th April

- 09:00 breakfast
09:45 workshop 2
11:30 presentation 4: Pandemic

12:30 closing ceremony

Presentations

Presentation 1: *Exploring bodily self consciousness – Dr. Marte Roel Lesur*

Dr. Marte Roel Lesur is a researcher at the Psychiatric Hospital of the University of Zurich and member of BeAnotherLab. Marte studies how the sense of body may be altered through multisensory feedback and how this in turn changes our identity. The enigmatic relationship between the body and selfhood will be explored through an overview of experimental research and clinical evidence. Questions such as what allows us to distinguish between ourselves and others, and what happens when this distinction becomes blurry will reveal some of the mysteries of bodily self-consciousness. In this talk, the subjective character of the body will be emphasized.

Presentation 2: *Consciousness on climate change: thoughts from the sustainable development stool – Prof. Dr. med. Pietro Majno-Hurst*

The sustainable development stool, with three legs: "Economical", "Ecological" and "Social" that need to be balanced, is no longer an adequate metaphor, because it does not describe the many negative forces that are pushing Humanity outside the safe operating space of Nature.

Consciousness about these forces reveals what may be done against them: they are man-made and -unlike physical forces - modifiable; we also are technically equipped to meet the challenge. The bad is that we may not want to face it. Pietro Majno-Hurst (1960) is Professor of Surgery at the University of Southern Switzerland, with a special interest in HPB surgery. A long practice in transplantation has made him conscious of the problem when scarce resources face to a larger need. He believes that if he treated his patients as most politicians and élites treat the environment, he would be in prison.

Presentation 3: *The pharmacology of consciousness: playing with the unknown? – PD Dr. med. Andrea Saporito*

For centuries, altered states of consciousness have been induced using different substances and for various purposes. But do we always know what is exactly happening to the brain physiology when we are pharmacologically interfering with its normal mechanisms? For medical purposes, everyday we induce unconsciousness... without being able to define what consciousness really is. What are the components of consciousness? What are the physiological consequences of the most common drugs acting on the neural circuits, which regulate the normal functioning of those components? It seems this lecture raises more questions than providing answers...

PD Dr. med. Andrea Saporito is Chair of Anaesthesia and Operating Room Manager at Bellinzona Regional Hospital. He is Privatdozent at the Medical Master School of Università della Svizzera Italiana, where he is responsible for the organization of the teaching of Anaesthesiology within the Critical Care Module. Together with his team, he is an active researcher in the field of clinical Anaesthesia and author of several publications on important peer-reviewed medical journals.

Presentation 4: *Pandemic – Prof. Dr. med. Paolo Merlani*

Prof. Dr. med. Paolo Merlani is the Medical Director and Head of the Critical Care Department of the Regional Hospital of Lugano as well as of the Cantonal Hospital Corporation. During the COVID-19 pandemic he was coordinator of the Critical Care COVID-19 Task Force in Ticino. The Canton Ticino is the one among all Swiss Cantons which has experienced the largest number of COVID-19 patients.

Based on his own experience in leading the COVID-19 Task Force, Prof. Dr. med. Paolo Merlani offers an interactive lecture focusing on what happened behind the scenes and on the challenges that Canton Ticino was confronted with. The goal is to make people aware of the extraordinary work and sacrifices that have been made, learning from them for the near future.

Workshops Saturday

WORKSHOP	RESPONSIBLE
Liberty Hospital is facing a crisis. Are you ready to make difficult decisions?	PD Dr. Marta Fadda
Intimate Partner Violence	Dr. med. Enrico Zucconi
The Machine to Be Another	BeAnotherLab
Variations in Healthcare: The surprising and amazing truth of variation in healthcare	Dr. med. Luca Gabutti
States of Consciousness in Emergency Medicine	Dr. med. Laura Uccella
Consciousness of Equality / Discrimination / Sexual Harassment	Dr. med. Natalie Urwyler
Basic Sonography	Young Sonographers Ticino
Treat or prevent? – The role of health care professionals in the Climate Emergency	Action Santé Communautiare
Access to Medicine	JAEM
Interprofessional Case Discussion	SHAPED
ATLS	MEDIC
Sexual Education	EROS

Workshops Sunday

WORKSHOP	RESPONSIBLE
Variations in Healthcare: The surprising and amazing truth of variation in healthcare	Dr. med. Luca Gabutti
What you don't know about minor head traumas	Dr. med. Laura Uccella
Consciousness of Equality / Discrimination / Sexual Harassment	Dr. med. Natalie Urwyler
Basic Sonography	Young Sonographers Ticino
Treat or prevent? – The role of health care professionals in the Climate Emergency	Action Santé Communautiare
Inequalities in the access to vaccines: lessons of the pandemic?	JAEM
Conscious food choices: Co-benefits for health and climate	PAN

You can find more detailed descriptions of the workshops on our website.

IMPORTANT: The list is not yet final! It will be updated from time to time on our website. Make sure to check it out before the registration opens.

PRACTICAL INFORMATION

Location

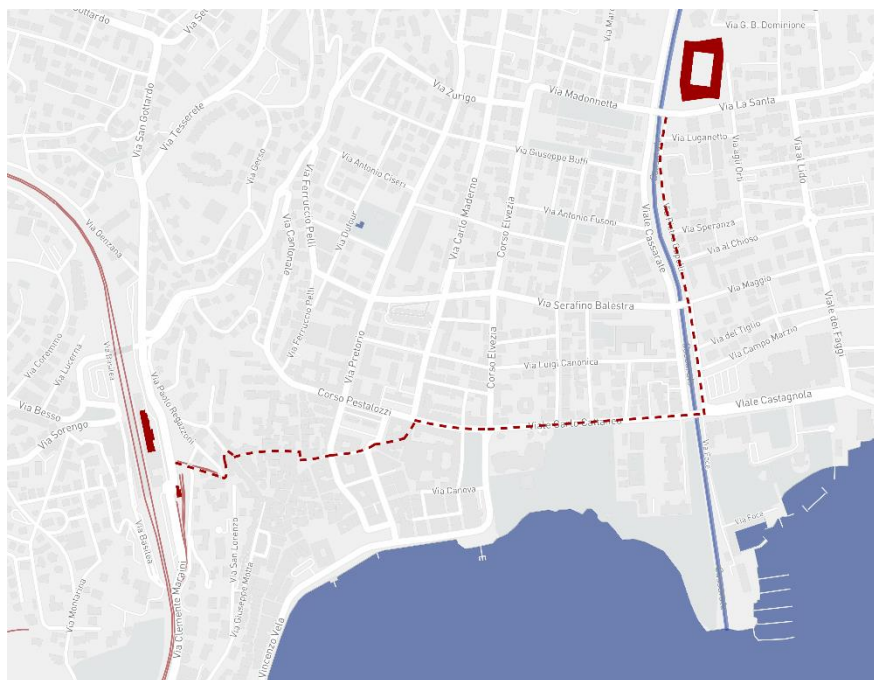
USI, Campus Est

Nearly the entire SMSC, including check-in, meals, lectures and most workshops, will take place at the Campus Est.

You're very welcome from 6pm on Friday evening!

Via la Santa 1, 6962 Lugano

Bus stop: «Campus Universitario», line 5/ 6/ 461
or a 20min walk from the main station



OTHERS

You will find the information of all the other locations in the printed version of the information booklet, which you will get after checking-in.

Sleeping Accommodation

There will be different sleeping accommodation sites. You will be told at the check-in where you will sleep. Please take a sleeping bag and a towel with you!

We also recommend taking an insulation mat with you, as the floor you will be sleeping on could be very hard.

Other

CHECK-IN

You can check in directly at the entrance of the SMSC at the Campus Est. Please be there early enough, because it will take some time if everyone is coming at once. 😊

The check-in starts at 6pm on Friday evening!

INFO DESK

The info desk is next to the check-in desk at the entrance of the campus. If you have any questions, concerns or problems you can come to the info desk anytime during the SMSC.

IN CASE OF EMERGENCY

In case of urgent matters, please contact:
Sarah Staehelin +41(0)79 679 05 79
Adriano Cafilisch +41(0)79 903 70 63

Medical emergencies: 112

COVID-19

Even if the epidemiologic situation is looking promising, we don't want to make a decision about COVID rules at the moment. Any measurements regarding COVID will be announced on short notice.

SPONSORS

A big thank you to all our sponsors for their generous support!



Ente Ospedaliero Cantonale

Istituto Cardiocentro Ticino

Istituto di Neuroscienze Cliniche della Svizzera Italiana



Verband Schweizerischer Assistenz- und Oberärztinnen und -ärzte
Association suisse des médecins-assistant(e)s et chef(fe)s de clinique
Associazione svizzera dei medici assistenti e capiclinica



Clinica Luganese
Moncucco



Schweizerische Neurologische Gesellschaft
Société Suisse de Neurologie
Società Svizzera di Neurologia
Swiss Neurological Society

INTERESSENVERBAND
FÜR ÄRZTE UND ANDERE AKADEMISCHE BERUFE

