



## World Sleep Forum 2024

7<sup>th</sup>Think Tank

# Sleep health and the burden of sleep disorders



**OCTOBER 1-2, 2024**

**LUGANO | SWITZERLAND**

USI UNIVERSITÀ DELLA SVIZZERA ITALIANA



SFCNS Swiss  
Brain Health Plan

## FACULTY

### FACE TO FACE

-  EMILIANO ALBANESE (CH)
-  FRANCA BARBIC (IT)
-  CLAUDIO BASSETTI (CH)
-  ALEXANDER DATTA (CH)
-  LIVIA DE PICKER (BE)
-  RICHARD DODEL (DE)
-  TARUN DUA (CH)
-  RAFFAELE FERRI (IT)
-  RAPHAËL HEINZER (CH)
-  ALBERT HOFMAN (US)
-  JOKE JAARSMA (NL)
-  POUL JENNUM (DK)
-  MAURO MANCONI (CH)
-  MATTHEW NAUGHTON (AU)
-  EVELINA PAJEDIENE (LT)
-  PATRICIO PEIRANO (CL)
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-  SAVERIO STRANGES (CA)
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-  LUCA VIGNATELLI (IT)
-  ALBRECHT VORSTER (CH)
-  LUISA WELTER (DE)
-  HENG WU (CN)

### VIRTUAL

-  LAMIA AFIFI (EG)
-  ERNA S. ARNARDOTTIR (IS)
-  M SAFWAN BADR (US)
-  DIEGO ANDRÉS GOLOMBEK (AR)
-  CHANDRA JACKSON (US)
-  ULF KALLWEIT (DE)
-  DIANE LIM (US)
-  AREZU NAJAFI (IR)

 **OCTOBER 1, 2024**

08.30 **Welcome and Introduction**

*C. Bassetti, T. Dua, M. Manconi*

08.45 **KEYNOTE LECTURE:**  
**Epidemiology of medical disorders:**  
**State of the art.** - *A. Hofman*


09.30  *Coffee Break*

 **10.00-12.30**  
**WORKSHOP 1**  
**EPIDEMIOLOGY OF SLEEP DISORDERS**

 *Coordinators: S. Stranges, E. Pajedine,*  
*L. Vignatelli*

12.00 General Discussion:  
future directions and next steps

12.30  *Lunch*


 **13.30-16.00**  
**WORKSHOP 2**  
**BURDEN OF SLEEP DISORDERS**  
**(Disability, morbidity, mortality,**  
**patient related outcomes)**

 *Coordinators: W. Randerath,*  
*A. Datta, L. De Picker*

15.30 General Discussion: future directions  
and next steps

 **OCTOBER 2, 2024**

09.15  *Welcome & Coffee*

 **09.30-12.00**  
**WORKSHOP 3**  
**SLEEP (body, mental, brain, occupational**  
**and societal) HEALTH AND SLEEP CAPITAL**

 *Coordinators: A. Vorster, J. Jaarsma,*  
*P. Peirano*

11.30 General Discussion: future directions  
and next steps

12.00  *Lunch*

 **13.00-15.30**  
**WORKSHOP 4 COSTS OF SLEEP**  
**DISORDERS (and of their managements)**

 *Coordinators: R. Dodel, D. Golombek,*  
*P. Jennum*

15.00 General Discussion: future directions  
and next steps

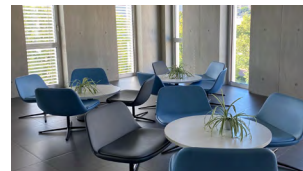
15.30 General Discussion

17.30 Closing remarks

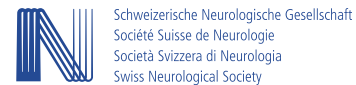


## MEETING VENUE

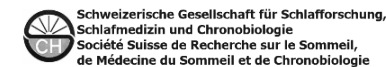
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## WITH THE UNCONDITIONAL SUPPORT OF:



## WITH THE PATRONAGE OF:



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CONFERENCE:**

WINFRIED RANDEARTH

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More information will follow on:

[www.europeansleepfoundation.ch](http://www.europeansleepfoundation.ch)